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School Uniforms: Inspiring a Unified School

Have you ever had to wear a school uniform before? Many people don't like them at all. In fact, a study from 2015 said that many students don't like school uniforms because they discourage individuality (Collins 35). However, school uniforms are actually a very good idea. Uniforms help create unity among students, they discourage fights, and they create a feeling of school pride.

School uniforms are helpful because they create unity among students. Unity is when a group of people feel connected; they feel like they have a common purpose. According to educator Sasha Green, "My students typically function much more successfully when they have a common goal that they are working towards, and I believe that their school uniforms are a big part of that success" (Why Uniforms Matter). As a teacher, Ms. Green sees her students every day, and she says she has seen the difference uniforms make. However, the feeling of unity is not the only reason why uniforms are good for students.

Fights happen in every school; they are inevitable. However, if all of the students are wearing the same uniform, they might be less likely to fight. Data from 2017 shows that seven schools out of ten that enforce uniforms have had fewer fights for the last two years (The Benefits of School Uniforms). This evidence clearly shows that uniforms are a good idea for schools to enforce. Interestingly, the thing that lots of students seem to agree with is that school uniforms create a feeling of pride.

If you have pride, it means you feel pleasure or satisfaction for achieving something. This is a feeling that many students have when they come to class every day: they wear their school uniforms and support their school. In her memoir, *My Life at Central High*, Sandy Hayes compares wearing school uniforms to a soccer team wearing their school colors. “When we ran out onto the soccer field wearing our green and white stripes, I always felt intense pride and respect for what we were trying to accomplish. Many of us felt the same way when we strode confidently down the halls in our dark green button-ups and khakis,” says Hayes (42). For Hayes, the similarities between soccer uniforms and school uniforms produce the same results: pride in your school and pride in yourself.

In conclusion, even though many students complain about school uniforms, evidence shows that they can be very useful. Most importantly, school uniforms create unity, discourage fights, and promote pride. Will wearing school uniforms always do these things? It is difficult to say. However, I think we can all agree on one thing: unity, pride, and a safe environment are important things to fight for.

Work Cited

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